

## **What is Phulpatti**



**Phool** is Flower and pati is leaves and plants. FulPati literally means flowers, leaves and plants.

There is a tradition in Nepal of bringing nine types of Phoolpati into the pooja room of the house with a celebration in the seventh day of Navaratri Pooja. Therefore, the seventh day of Vijaya Dashami is also called Phoolpati in Nepal.

## **When is Saptami this year?**

Saptami is the seventh day of Vijaya Dasami festival. This year Satami is on Ashwin 25, 2070. That is October 11, 2013 in English calendar.

## **Nine ingredients of fulpati (navapatriva)**

The nine ingredients mix of fulpati is called navapatriva. Navapatriva consists of kera ko bot , darim, dhanko bala, haledo, manabriksha, kachuki, belpatra, ashok, and jayanti.

**Banana plant (kera ko bot)** represents Goddess **Brahmani** (ब्राम्हणी), who bestows peace.

**Pomegranate (darim)** represents Goddess **Rakta Dantika** (रक्त दंतिका ) who helps and blesses the worshipper.

**In rice stalk (dhanko bala)** lives **Lakshmi**, the goddess of wealth.

Goddess **Durga** grace the **turmeric plant (haledo)** and put end to obstacles.

Goddess **Chamunda** resides in **manabriksha**, who puts end to the evil.

**Ginger plant (अदुवा)** represents Goddess **Kalika (कालिका)** who blesses mankind.

**In Wood Apple Tree (bel plant)** lives **lord Shiva**, and is the favorite fruit of Lords Vishnu and Shiva.

In the **Ashok plant** resides Goddess **Sokarahita**.

**Jayanti** represents Goddess **Kartiki**.

### **What to do with Navapatrika**

Navapatrika is decorated outside the house and carried inside the Dashain Ghar. It is carried inside the pooja ghar at seventh day at any time of the day depending upon the family tradition. After this, navapatrika Puja is carried out. The fulpati is kept in Dashain Ghar and worshiped along with the Jamara planted in Ghatasthapana day. Navapatrika is taken out of pooja ghar in the 10th day and Bisarjan in Holy River. There is a tradition where people bisarjan it on the 15th day with bisarjan with Jamara.



### **Why to bring fulpati to your home (What is significance of Navapatrika)**

Bringing Phulpati brings all the nine goddess to your home. All nine plants represent goddess and all goddess represents Health, Wealth and prosperity. Entering Phulpati home is entering health, wealth and prosperity home.

### **What else we do in Saptami**

On this day, Saraswoti, the goddess of education and knowledge is worshiped. Besides this, people following different occupations, bring the tools of their trades inside the Dashain Ghar and worship them and take them out on the 10th day only. Students and teachers do puja of their books and other study materials. Businessmen people honor and their scales and ledgers.